

SPECIAL POINTS OF INTEREST:

SNAP Sexual Assault Prevention Tips

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of the Month

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SNAP Sexual Assault Prevention Tips



According to USAREUR Commander, General B. B. Bell "Sexual assault is a violent crime that has no place in our Army". In Europe

sexual assault is the second most-reported felony in the Army, SNAP wants to provide the 80th Community with simple prevention tips in hopes of reducing the drastic numbers of Sexual Assault that occur each year.

Under the Uniform Code of Military Justice (UCMJ), it is rape when a person subject to the UCMJ has sexual intercourse with another person

when he/she knows that the other is incapable of giving consent. This applies when the victim is asleep or intoxicated to the point where he or she is not of sound mind or is unconscious.

Rape is about power, control, and anger. Think about the unthinkable. Don't mask the facts about rape with myths and stereotypes.

This truth is...

Rape is an act of violence. It is an attempt to control and degrade using sex as a weapon.

Rape can happen to anyone-children, students, wives, mothers, working women, grandmothers, boys and men, the rich and the poor.

Rapist can be anyone— classmates, coworkers, a neighbor or delivery person, ugly or attractive, outgoing or shy, often a friend or family member.

Most rapists are repeat offenders. Rapists

commit their crime again and again, until they are caught.

First lets discuss how to protect yourself!

Always Use Your Head

Be alert! Walk with confidence and purpose.

Be aware of your surroundings— know who's out there and what's going on.

Stay sober! Don't let alcohol or other drugs cloud your judgment.

Trust your instincts. If a Situation or place makes you feel uncomfortable or uneasy, leave!

Indoors

Make sure all doors and windows have sturdy, well-installed locks, and use them! Never open the door to strangers.

Be wary of isolated spots-apartment laundry rooms, underground garages, parking lots and offices after business hours.

Know your neighbors, so you have someone to call or go to if you're scared.

If you come home and see a door or window open, or broken don't go in. Call the

Outdoors

police!

Avoid walking or jogging alone, especially at night.

Wear clothes and shoes that give you freedom of movement.



Sexual Assault Facts (Military)

Young Soldiers are the most likely victims and perpetrators.

76% of sexual assaults occur in unlocked barracks or Government Ouarters.

74 % of sexual assaults involve alcohol.

50% of the rape victims know the alleged offender.

Most sexual assaults occur between 0100 and 0500 on Fridays and Saturdays.

Sexual assault is the second most reported felony in the Army in Europe.

General B.B. Bell Sends # 14-04

SNAP Sexual Assault Prevention Tips Contd.



Be careful if anyone in a car asks you for directions— if you answer always keep your distance from the car.

Have your key ready before you reach the door-home, car or office.

If you think you're being followed, change direction and head for open stores, restaurants, theatres, or a lighted house!

In Your Car

Park in areas that will be well lighted and well traveled when you return.

Always lock your car- when you get in and when you get out.

Look around your car and in the back seat before you get in.

If your car breaks down, lift the hood, lock the doors and turn on your flashers. If someone stops, roll the window down slightly and ask the person to call the police or a tow truck.

When the Unthinkable Happens

How should you handle a rape attempt? It depends on your physical and emotional state, the situation and the rapist's personality. There are no hard and fast, right or wrong answers. Surviving is the Goal!

Try to escape. Scream. Make noise to discourage your attacker from following.

Talk, stall for time and assess your options. If the rapist has a weapon, you may have no choice but to submit. Do whatever it takes to survive!

If you decide to fight back, you must be quick, determined and effective.

Surviving Sexual Assault

Report any sexual assault to the police. The sooner you tell, the greater chances the offender will be caught.

Preserve all physical evidence

Go to a hospital emergency room immediately.

Don't go alone.

Get counseling to help deal with feelings or anger, helplessness, fear and shame.

Remember, sexual assault is not your fault! Do not accept blame for being an innocent victim.

If Someone You Know Has Been Assaulted

Believe her or him

Don't blame the victim

Offer support, patience and compassion to help the victim work through this crisis.

For more information on Preventing Violence contact our SNAP office at 068-27-6143 for a copy of SNAP Brochure 2. The 80th ASG SNAP program is dedicated to preventing Sexual related crimes in our Community. As Service Members, US Civilian Employees, and family members you must also do your part. Utilize Military values, and our standards of professionalism and discipline. And educate yourself on preventive measures so that we can truly ensure that the



SSG. Angel, PMO **Force Protection** Coordinator

Force Protection Tip of the Month

The weather is getting better here in the 80th ASG Community. This will encourage a lot of our community members to take their physical exercise to the great outdoors!

Enjoy the Spring season, but remain vigilant while jogging, bicycling, walking your dogs, playing basketball, gardening etc. Change up your outdoor workout schedule, to reflect differ-

ent routes, and times. Being a Military Service Member or Spouse, you have become accustomed to routine. But by doing this you make yourself an easy and predictable target for a terrorist.

Spring Break and Summer Vacation is approaching. Make sure that you enforce this tip to your children.

Enjoy the weather, and do

your activities outside, but keep Force Protection in mind. Don't make you or your family an easy target for terrorists!

For more Force Protection tips feel free to contact the Chievres MP station at 068-27-5301.

www.80asg.army.mil link to Force Protection

SNAP Safety Topic—Sightseeing Safely

"Pickpockets stalk their victims and strike when victims are most vulnerable !" Europe, families have the opportunity to travel, and view some of the most beautiful cities and landmarks in the world. SNAP wants to educate the 80th ASG Community on some simple tips to sightsee safely without becoming a victim.

Whenever you go into town, don't let your dress or mannerisms identify you as military. Be anonymous and avoid loose talk that gives away your military connections. Make a note of your passport number. If it is lost or stolen, knowing your personal passport number will aid in getting a new one.

Before you go sightseeing, get directions at the hotel for the attractions you intend to visit or check bumped, or crowded by

Being stationed in maps so you can tour confidently. Never discuss your sightseeing schedule in the presence of strangers. When possible, travel with another person or group while sightseeing or shopping. During the evening, always travel on wellwell-traveled lighted, streets-no shortcuts.

> **Pickpockets** stalk their victims and strike when victims are most vulnerable. **Always** aware of staged distraction. Pickpockets may something in front of you or cause a loud commotion as a distraction. Once you distracted, another pickpocket steals your valuables and walks away.

If you are jostled,

anyone, a pickpocket may be in action. If you feel you have been pick-pocketed always call out immediately for assistance and to warn others. And, remember to contact the local authorities to file a report. If your Military ID, Passport, or credit cards are stolen contact the Chievres MP station as well to file a report.

Enjoy your Spring! Avoid becoming a potential target by applying these safety tips to your next family vacation/outing.

For more information on Sightseeing Safely any previous SNAP Safety Topic, please feel free to contact Marcia De-Ville, Coordinator at 068-27-6143.

SNAP Kid Safety Zone - Internet Safety





"Never disclose your military affiliation to anyone"

A popular trend in many of our teens today is online "Chatting". SNAP has prepared a checklist for parents to equip the teens of the 80th with Safe

Internet Practices, that will keep them safe!

Parents Summer Vacation is approaching. More and of our older children will be home alone for a larger part of the day during the Summer months. This is a time for your kids to relax, and sit back and think about the great school year that they just completed, along with preparing their minds for the new school year ahead.

When using the Internet Be careful, cautious and responsible.

Remind teens that people on the Web may not be who they say they are.

Never give anyone your name, address, or phone number or tell them where you go to school!

Never disclose your military affiliation.

Never send a picture of yourself or another person in your family without permission from your parents.

Never answer any messages that make you feel uncomfortable. You can always use the Ignore button during chat!

Never arrange to meet another computer user face to face, or even speak on the phone with them without your parents permission

If you get an Email from someone you do not know, do not open it!!!

These tips, along with communication with your teens can help them avoid danger. Combat child related crimes in your community by emphasizing to your teens good crime prevention habits.



Message from the Provost Marshal

when you are tired and fatigued!"

"Never drive

I May 2004 starts the USAREUR 2004 Summer Safety Campaign. Some topics briefed to soldiers and DA Civilians include vehicle safety, water safety, heat injury prevention, suicide prevention, domestic violence prevention, alcohol safety, and risk management.



Several key tips to remember are:

Don't drink and drive

Provide non-alcoholic drinks at parties and gatherings

Never drive when you are tired and fatigued

Never swim alone

Alcohol and water activities don't mix

Maintain proper speed for road conditions

Never leave small children in vehicles during hot weather.

Keep hot foods hot, and cold foods cold

Heat can kill; hydrate, use sun block, and dress accordingly

Lets take extra precaution before and during summer activities and have a safe summer!

Interested in Volunteering ??? Contact your SNAP Office:

Marcia A. DeVille, Coordinator 80th ASG PMO-SNAP Unit 21419 Bldg. 20134 APO, AE 09708

Phone: 068-27-6143 DSN: 361-6143

Fax: 068-27-5969

Making Neighborhoods Safer is a SNAP!



Community Reminder Notice!!!

Kid Kredential's Child Identification program will be held June 14-18th at the SHAPE Elementary School. SNAP is looking for volunteers, to ensure that this program is a success. If you are interested in volunteering for this program contact Marcia DeVille.



SNAP Introduces Safety Automated Hotline 068-27-6300

Are you interested in helping your community to stay safe? Become the Provost Marshal Offices eyes and ears by reporting suspicious activity to the SNAP Safety Hotline. This hotline is a new initiative by SNAP that allows you to remain anonymous to our automated system.

A Safe Neighborhood Starts with Safe Soldiers, Safe Adults and Safe Kids! Help SNAP in our quest to combat



Making Neighborhoods Safer is a SNAP!

crime and terrorism in our communities. This hotline is only for non-emergency issues. If you have an emergency please contact the Chievres MP Emergency Line at 068-27-5114.

